Learning Pod Self Reflection

Please answer the following questions in this document in preparation for your initial team meeting. This information will allow your team members to get to know how you work best so that the group can make team agreements that work for all.

What is your preferred mode of remote communication?

Mattermost or text message

What are your communication strengths?

Efficiency, simplicity

What are your communication weaknesses? Where would you like to grow?

comprehension

Do you consider yourself an introvert or extrovert?

extrovert

What time zone are you in?

vancouver

What time of day do you prefer doing academic work?

Mon-Fri afternoon

When you are upset do you tend to share this with others or keep it to yourself?

i tend to share.

What do you like about group work?

people will exchange good ideas. teamwork

What don’t you like about group work?

None

What else would you like your team to know?

None